

Links to videos:

The following are links to videos that will be helpful:

This video was made by mental health workers in Abbotsford, BC, Canada following a traumatic death incident at a school. It demonstrates a wonderful way for helping both youth and adults understand a bit about the brain and the challenges with trauma. Keep this link for future use!

<https://vimeo.com/190936766>

For your little project given our early release time:

Given we meet in only two days, you have until next week's training day to complete this!

This page is our web page for the All Staff Preparedness video series. If you scroll down you'll see the small window of the sample video, which is on what to do with the empty desk and student belongings. It easily pops into full screen mode. Please show this video to a group of educators (small group is fine) and see what questions or comments they have. Ask whether this helps them feel a little more prepared to read an announcement. Does it help to know ahead of time that this is something they might be asked to do? What do they realize about the timing of and the way of returning the belongings (of a student who has died) to the family? What concerns them most? Be prepared to share your experience for an activity we'll be doing.

<https://cmionline.com/all-staff-preparedness/>

*And... in process!*

*When the pandemic struck, we created a website for parents to help deal with uncertainty, anxiety, sleep and other issues that arose from living in isolation. When the shooting at Uvalde struck, we re-wrote some of it to be specific to their needs. We are now re-purposing that website to be non-specific so it will be a support to any parents who have any children who are struggling with trauma. Although it is a work in progress, there are great sections on anxiety and sleep, so if you have a parent who could benefit from these, please feel free to share this link. The site will continue to be updated as we have time. [www.parents.cmionline.com](http://www.parents.cmionline.com)*

As more requests come from our training, I'll continue to add resources to this document. I'll leave it up for a couple weeks after the training is complete, so be sure to download it a week or so after our last training day so you have these links for future use!

I'm loving my time with you!